

10 "To-Dos" When Someone Crashes Into You



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- Take a picture of their:
- License Plate
- Driver's License
- Insurance Card





Have them immediately call their insurance to **file a claim** - admitting fault. If they refuse, call the police.

If they are uninsured, or it's a hit-andrun, call the police and mention there are injuries, or they won't come.



Call YOUR insurance and file a claim. Tell them you were hit and injured. Mention who was at fault. If you weren't at fault, your rates should NOT go up. You cannot use the other driver's claim for medical care.



Video record damage done to yourself, all passengers, both vehicles, as much of



the scene as possible.



Write down names numbers of any witnesses.



Get medical treatment for your injuries ASAP. Even if you think the crash was "not that bad".

If severe, go to the ER or urgent care the day of.

Call us within 24 hours to schedule an appointment. We will need to update your x-rays to see if your misalignment has changed.



Get an estimate of the damage to your vehicle from reputable auto body shops that you select.



Do NOT speak with the other driver's insurance company representative. The other insurance rep will likely do 1 of 3 things...

- Show up to the scene (or your house) to offer you \$. Do NOT sign ANYTHING. They'll do this to try and buy you off early.
- 2. Call you to ask questions, recording your answers to be used against you. Hang up.
- 3. Send you a letter, asking you to sign away your privacy rights on your health records. They do this to dig up previous health records, so they can say you already had pain, before the accident, and that the current accident did not cause pain.

Call a personal injury attorney to see if it makes sense to hire them for your case. You pay nothing out of pocket. Attorneys make \$ when your case settles, or when they win in court.

If unsure about this, call us and we can point you in the right direction of a good attorney

Your Oregon car insurance (PIP) will likely cover all, or most, of your medical expenses, regardless of fault.

Why Elite Upper Cervical After a Car Accident?

Dr. Burt is a Neck Specialist who has extensive training in treating whiplash and concussion injuries following a car accident.

He has strong connections with other health professionals and attorneys that also specialize in auto injuries.

He has experience as an expert witness, so if your case escalates to arbitration or trial, he is willing to testify on your behalf.

NUCCA Chiropractic is a gentle approach to treating whiplash and concussion injuries.

Dr. Burt will walk you through a specific car accident examination with precise pre and post neck x-rays - including specific car accident views.

The NUCCA realignment is gentle WITHOUT twisting, popping or cracking of the neck.

Immediately following the realignment, you will relax in a comfortable, zero gravity recliner to allow your neck and sine to relax completely.

Treatment concludes with a specialized low level laser to help your neck and brain heal faster.

Nutritional and supplement recommendations post auto injury will also be provided to ensure your healing continues outside the clinic.